

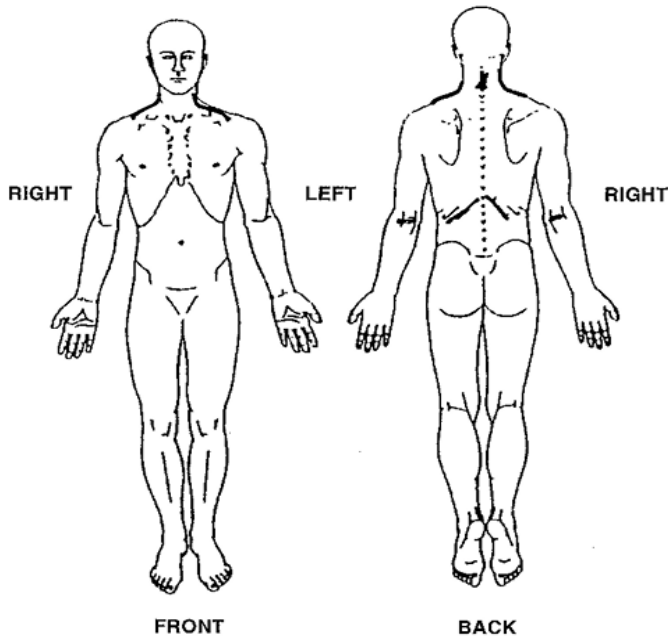
FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

**MAJOR COMPLAINT INFORMATION**

What is your major complaint(s): \_\_\_\_\_  
\_\_\_\_\_

When did this symptom(s) begin? \_\_\_\_\_

Using the symbols provided in the Pain Index, mark the areas on the illustrations below where you are experiencing pain:



Pain Index	
<b>D</b>	Dull Nagging Ache
<b>B</b>	Burning
<b>S</b>	Sharp / Stabbing
<b>N</b>	Numbness / Tingling
<b>M</b>	Muscle Spasm / Pulling

*For example: if you are experiencing moderately severe burning pain in the back of your neck, you should note a B8 on the neck of the illustration.*

If this is an injury, describe what happened:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

On a scale of 1-10 how is the pain today?



Have you experienced these symptoms before?  YES  NO When? \_\_\_\_\_

What aggravates this condition? \_\_\_\_\_

What decreases the symptoms /pain? \_\_\_\_\_

Have you seen another doctor for this condition?  YES  NO Doctor's Name: \_\_\_\_\_

Date Consulted: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Does this condition interfere with your sleep?  YES  NO If so, how many times do you wake per night \_\_\_\_\_

In what position do you sleep?  Back  Side  Stomach \_\_\_\_\_

Do you sleep with a pillow?  YES  NO | How many? \_\_\_\_\_

Does heat affect the pain?  YES  NO | If so, how? \_\_\_\_\_

Does cold affect the pain?  YES  NO | If so, how? \_\_\_\_\_

Do you wear a heel lift?  YES  NO | If so, which side?  Right  Left

Does it cause pain to cough, grunt, or sneeze?  YES  NO If so, where? \_\_\_\_\_

**CHECK THOSE ACTIVITIES BELOW DURING WHICH YOU EXPERIENCE DIFFICULTY OR PAIN**

- |  |  |                                   |   |                                       |
|--|--|-----------------------------------|---|---------------------------------------|
| <input type="checkbox"/> Lying on back             | <input type="checkbox"/> Lying flat on stomach | <input type="checkbox"/> Pushing  | <input type="checkbox"/> Stooping         | <input type="checkbox"/> Walking      |
| <input type="checkbox"/> Lying on side             | <input type="checkbox"/> Getting in/out of car | <input type="checkbox"/> Pulling  | <input type="checkbox"/> Sitting          | <input type="checkbox"/> Sneezing     |
| <input type="checkbox"/> Standing for long periods | <input type="checkbox"/> Dressing Self         | <input type="checkbox"/> Reaching | <input type="checkbox"/> Bending forward  | <input type="checkbox"/> Coughing     |
| <input type="checkbox"/> Turning over in bed       | <input type="checkbox"/> Sexual Activity       | <input type="checkbox"/> Kneeling | <input type="checkbox"/> Bending backward | <input type="checkbox"/> Other: _____ |

**FILL OUT THE NEXT THREE SECTIONS AS THEY APPLY TO YOU:**

**LOWER BACK PAIN:**

Does pain radiate into the leg?  YES  NO | Does pain radiate to the abdomen?  YES  NO

Do you have numbness or tingling into the legs?  YES  NO Explain: \_\_\_\_\_

Do you ever have impairment of bowel or urinary function?  YES  NO | Explain: \_\_\_\_\_

**NECK PAIN:**

If you have neck injury, does it affect: (check all that apply)  Hearing  Vision  Balance  Cause ringing in your ears

Do you hear grating sounds?  YES  NO Do you feel pressure or pain behind your eyes?  YES  NO

Does pain radiate into the arm?  YES  NO Where? \_\_\_\_\_

Do you have difficulty lifting or turning your head?  YES  NO If so, in which direction?  Right  Left  Up  Down

**HEADACHES:**

Do you get headaches?  YES  NO Frequency: \_\_\_\_\_ Do you have a family history of headaches?  YES  NO

Do you experience the following along with you headaches: Pain or cracking in the jaw?  YES  NO

Abnormal blood pressure?  YES  NO  HIGH  LOW Nausea, Vomiting, or Visual disturbances?  YES  NO

When was your last eye exam?  1 – 6 months  6 – 12 months  1 – 2 years  over 2 years Results: \_\_\_\_\_

If female, are you pregnant?  YES  NO  NOT SURE If yes, what is your estimated due date? \_\_\_\_\_

List all medications you are taking now, including over the counter medications and supplements: \_\_\_\_\_

Have you ever had any surgeries or hospitalizations?  YES  NO *If yes, please list below:*

<u>Type of Hospitalization / Surgery:</u>	<u>Date:</u>	<u>Type of Hospitalization / Surgery:</u>	<u>Date:</u>
_____	_____	_____	_____
_____	_____	_____	_____

Have you been x-rayed in the last 12 months?  YES  NO When? \_\_\_\_\_

Have you ever been seen by a chiropractor before?  YES  NO

Name of Chiropractor: \_\_\_\_\_ Date Last Seen: \_\_\_\_\_

Were you on a treatment plan?  YES  NO  Wellness If so, how frequently were you seen? \_\_\_\_\_

Do you have a family physician?  YES  NO Name of physician: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Address: \_\_\_\_\_

**PLEASE CHECK ALL ADDITIONAL COMPLAINTS YOU HAVE AT THIS TIME:**

<input type="checkbox"/> Loss of Concentration	<input type="checkbox"/> Neck Stiffness	<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Jaw Pain
<input type="checkbox"/> Eyes sensitive to Light	<input type="checkbox"/> Neck Motion Restricted	<input type="checkbox"/> Irritable	<input type="checkbox"/> Hypertension
<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Upper Back Pain / Stiffness	<input type="checkbox"/> Anxiety	<input type="checkbox"/> Diabetes
<input type="checkbox"/> Heavy Feeling of Head	<input type="checkbox"/> Mid Back Pain / Stiffness	<input type="checkbox"/> Depression	<input type="checkbox"/> Convulsions
<input type="checkbox"/> Dizziness	<input type="checkbox"/> Right / Left Shoulder Pain	<input type="checkbox"/> Insomnia	<input type="checkbox"/> Heart Disease
<input type="checkbox"/> Ringing in Ears	<input type="checkbox"/> Right / Left Arm Pain	<input type="checkbox"/> Fatigue	<input type="checkbox"/> Allergies (Please List)
<input type="checkbox"/> Loss of Balance	<input type="checkbox"/> Right / Left Leg Pain	<input type="checkbox"/> Excess Perspiration	_____
<input type="checkbox"/> Loss of Smell	<input type="checkbox"/> Pins & Needles Arms / Legs	<input type="checkbox"/> Digestive Trouble	_____
<input type="checkbox"/> Loss of taste	<input type="checkbox"/> Vision Problems	<input type="checkbox"/> Nausea	
<input type="checkbox"/> Pain behind Eyes	<input type="checkbox"/> Sinus Trouble	<input type="checkbox"/> Vomiting	
<input type="checkbox"/> Fainting	<input type="checkbox"/> Nervousness	<input type="checkbox"/> Diarrhea	<b>Please Specify Location:</b>
<input type="checkbox"/> Palpitations	<input type="checkbox"/> Chest Pain	<input type="checkbox"/> Constipation	<input type="checkbox"/> Numbness: _____
<input type="checkbox"/> Arthritis	<input type="checkbox"/> HIV (AIDS)	<input type="checkbox"/> Anemia	<input type="checkbox"/> Swelling: _____
<input type="checkbox"/> Cold Hands	<input type="checkbox"/> Cold Feet		<input type="checkbox"/> Cuts: _____
			<input type="checkbox"/> Bruising: _____

Do you have, or have you ever had any diseases or medical problems not listed?  YES  NO If so, please list: \_\_\_\_\_

Have you ever had?  Motor Vehicle Injury  Sports Injury  Work Injury  Slip and Fall Injury  
 If yes, please explain: \_\_\_\_\_

Any additional information you would like the doctor to know about before beginning care at **Elite Chiropractic & Wellness Center**:  
 \_\_\_\_\_

**PERSONAL INFORMATION:**

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Texting:  YES  NO Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth : \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_ Sex:  Male  Female

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Work Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Marital Status:  S  M  D  W  Minor Spouse's Name: \_\_\_\_\_ # of Children: \_\_\_\_\_

How were you referred to **Elite Chiropractic & Wellness Center**? \_\_\_\_\_

**EMERGENCY CONTACT:**

Name: \_\_\_\_\_ Relation: \_\_\_\_\_

Cell Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Texting:  YES  NO Work Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Address (if different than yours): \_\_\_\_\_

### AUTHORIZATIONS & ASSIGNMENTS:

I authorize **Elite Chiropractic & Wellness Center** to release any information deemed appropriate concerning my physical condition to any insurance company, attorney or adjuster in order to process any claim for reimbursement of charges incurred by me.

I authorize the direct payment to you of any sum I now or hereafter owe you by my attorney out of the proceeds of any settlement of my case, and by any insurance company obligated to make payment to me or you based in whole or in part upon the charges made for your services.

I understand that whatever amounts you do not collect from insurance proceeds (whether it be all or part of what is due) I personally owe you.

I, the undersigned do hereby appoint **Elite Chiropractic & Wellness Center** authority necessary to endorse and cash any checks, draft or money orders which are made payable to the undersigned or as co-payee with this clinic when said payments are due to services rendered on behalf of the undersigned by the clinic.

I understand and agree that health and accident insurance policies are an agreement between an insurance carrier and me. I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment. I also understand that if I suspend or terminate my care and treatment, any fees for professional services rendered to me will be immediately due and payable. I will be responsible for any costs of collection, attorney's fee or court costs required to collect my bill.

### INFORMED CONSENT:

I hereby authorize physicians and staff at **Elite Chiropractic & Wellness Centers** to treat my condition as deemed appropriate. The doctor will not be held responsible for any pre-existing medically diagnosed conditions.

I certify that the above information is correct to the best of my knowledge. I will not hold my doctor or any staff member of **Elite Chiropractic & Wellness Centers** responsible for any errors or omissions that I may have made in the completion of this form.

Chiropractic, as well as all other types of health care, is associated with potential risks in the delivery of treatment. Therefore, it is necessary to inform the patient of such risks prior to initiating care. While chiropractic treatment is remarkably safe, you need to be informed about the potential risks related to your care to allow you to be fully informed before consenting to treatment.

Chiropractic is a system of health care delivery and therefore, as with any health care delivery system, we cannot promise a cure for any symptom, condition or disease as a result of treatment in this office. An attempt to provide you with the very best care is our goal, and if the results are not acceptable, we will refer you to another provider who we feel can further assist you.

#### Specific Risk Possibilities Associated with Chiropractic Care:

**Soreness:** Chiropractic adjustments and physical therapy procedures are sometimes accompanied by post treatment soreness. This is a normal and acceptable accompanying response to chiropractic care and physical therapy. While it is not generally dangerous, please advise your doctor if you experience soreness or discomfort.

**Soft Tissue Injury:** Occasionally chiropractic treatment may aggravate a disc injury, or cause other minor joint, ligament, tendon, or other soft-tissue injury.

**Rib Injury:** Manual adjustments to the thoracic spine, in rare cases, may cause rib injury or fracture. Precautions such as pre-adjustment x-rays are taken for cases considered at risk. Treatment is performed carefully to minimize such risk.

**Physical Therapy Burn:** Heat generated by physical therapy modalities may cause minor burns to the skin. This is rare, but if it occurs, you should report it to your doctor or a staff member.

**Stroke:** Stroke is the most serious complication of chiropractic treatment. The most recent studies estimate that the incidence of this type of stroke is 1 in every 5 million upper cervical adjustments.

**Other Problems:** There are occasionally other types of side effects associated with chiropractic care. While these are rare, they should be reported to your doctor promptly.

If you have any questions concerning this form or the above statements, please ask your doctor.

Having carefully read the above, I hereby give my informed consent to have chiropractic treatment administered.

\_\_\_\_\_  
Patient or Guardians Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness